



Infant Swimming Resource- Enrollment Packet

Julia Daum, Master Instructor
Phone- 850-942-SWIM (7946)
www.ISRTallahassee.com

Student Name(s) _____

IMPORTANT LESSON RULES AND INFORMATION- Please print 2 copies of this document. **You must provide a copy of this document with original signatures and initials from BOTH parents prior to your child beginning lessons.** Please retain a second copy for your records. Your child will not be able to start lessons without a signed copy of this document, a signed copy of the waiver of liability AND a copy of the national registration approval.

Initials BOTH parents

____ 1. **Payment-** ISR lessons are \$75.00/week per child. The fee for lessons is not prorated, as you are paying for a weekly time slot whether or not your child comes to lessons. Lesson payments are due on MONDAY of the current week. You may pay by credit card via PayPal, check, cash (preferred) or money order. Please make checks to: JULIA DAUM and ensure they are placed in the B.U.D.S. book.

____ 2. **Time Schedule-** You should arrive at the pool 5 minutes before your time slot and have your child ready for lessons at his/her scheduled time. My schedule is very full and my ability to stay on time is contingent on my clients being on time. If you are late, I will do my best to fit you in but it cannot be guaranteed. When your child has completed his/her lesson, please take the necessary steps to dry off, allow for recovery, redress and safely exit the pool area so that the next students may arrive and get set up for their scheduled lesson.

____ 3. **Attendance Policy-** Consistency is crucial to not only the learning process, but also the retention of those learned skills. Bringing your child every day will increase the rate of progress and retention of skills. Lessons are not pro-rated and you are required to pay for all scheduled lessons. Your initials indicate that you have read and understand this policy.

____ 4. **Daily BUDS-** BUDS stands for bowel, urine, diet and sleep. This daily information is required and must be presented to the instructor before each lesson. This information is essential as your instructor uses the information, provided by you, to insure that each lesson is custom tailored to your child's specific needs for that day in addition to ensuring the safest possible lesson for your child. All children 30 months and younger must have a Full BUDS completed daily. **All students** must complete the short version poolside BUDS on a daily basis and prior to each lesson. **Please make sure you discuss any unusual issues and/or concerns with me PRIOR to the lesson.**

____ 5. **Parent Resource Book (PRB)-** You will be mailed a PRB upon completion of the national registration. **It is an important requirement that you read the Parent Resource Book completely.** Understanding the program is vital to your child's performance. If you have any questions, I will be happy to supply you with additional information or clarification.

____ 6. **Attire-** ISR requires that each child, 3 years and younger or anyone not toilet trained be dressed in two layers of washable swim diapers. This "double protection" will help to ensure a safe pool environment for everyone. The disposable "swimmers" do not hold anything in and, therefore, are not acceptable attire. Once you have completed the national registration, you will receive a code for one approved swim diaper which has anti-microbial protection, which should be the bottom layer of protection. You will need to purchase a second swim diaper for compliance. If your child is not wearing double layers of swim diapers and has a bowel movement that compromises the pool facility, you will be responsible for the fees for the lessons cancelled for the following 24 hours. The health and safety of all ISR students is of the utmost importance. We will not compromise safety.

____ 7. **Towels-** ISR requires **3 towels** per child every day, **2** towels to place on the deck upon which your child will be placed after the lesson and **1** to dry the child with. This policy is in place to prevent the transmission of germs on the pool deck. At the conclusion of the lesson, your child will be placed on his/her left side to allow for air release and proper rest. Please do not leave your child unassisted, as there may be some minor temperature fatigue as well as a need to briefly rest following the lesson. Safety before, during and after your child's lessons is a priority and your ongoing compliance is appreciated.

____ 8. **Diet-** Please do not give your child any food or drink at least **2 hours prior to lessons**. No dairy/milk products for at least 3 hours prior to lessons. No one works well on a full stomach and your child will be working hard. **No APPLES OR APPLE PRODUCTS, pineapples, papayas, passion fruit, peaches, spinach, honey, or celery in any form for the entire duration of ISR lessons.** The foods listed in the PRB can cause the build up of gases in the abdomen leading to distention and discomfort to your child.

____ 9. **Sibling/Child Supervision-** It is important that you do not allow siblings or others in your party to enter the water environment during lessons. This greatly interferes with everyone's concentration, including your child who may be working hard at the time. Your child who is having a lesson deserves your attention, support and cheers. If you have additional children in the pool area, it is recommended that they bring an activity to quietly occupy their time for the 15-20 minutes you are at the pool. Your cooperation is greatly appreciated and will only add to my own efforts in being as efficient and as safe as possible. If you allow your child or any child in your care to play on the property including the playground, you or your designated agent must take full responsibility for any and all injuries that may occur due to said activity and hold harmless the property owners.

____ 10. **Video/Photographs-** Videotaping and pictures are allowed **ONLY** on Fridays and with a separate waiver due to protection of ISR trade secrets. You will be required to complete this other form in order to video lessons. Please do not film unless you have this completed. Your instructor will direct you as to what skills are appropriate to film at that time.

Photo/Video Release- I authorize Infant Swimming Resource to utilize any photos, digital images and/or video of my child for promotional and/or educational purposes including but not limited to, printed and/or electronic publications or presentations and web site publication. If you **DO NOT** want your child's photos/videos published, please sign here and verbalize this to your instructor.

"I do not authorize use of my child's image." _____

____ 11. **Adverse Weather-** Unless it is raining very hard or lightning, **we will swim**. Because of the volatile weather in Florida, your instructor will try to have lessons even if it means waiting a few minutes for a local storm to pass. (If the weather is too severe, your instructor will call to cancel the lessons. If you don't receive a call, please come. You are welcome to call but if there is no answer, the instructor is likely in the pool.) Please make sure your instructor knows the best way to contact you in the event of a cancellation. *Cold:* If the weather at the scheduled lesson time is below 60 degrees F, we will not swim. Weather is an inherent risk for afternoon/evening lessons. If this is a concern for you, please consider scheduling lessons in the morning hours. **You will be credited for rain days, at the conclusion of the lessons, only if attendance is consistent and your child needs more than 30 lessons.**

____ 12. **Illness-** If your child must miss a lesson unexpectedly, please call and leave a message at 850-942-SWIM (7946) so that I won't worry about why your child has not come to the pool. If a week or more is missed due to illness, please contact me as soon as is feasible so that arrangements can be made to hold or reschedule your child's time slot. If your child misses lessons for 3 days or is placed on medication, lessons will be put on hold and you will be required to update your medical information for the ISR Medical Team to review to ensure no problems could arise in lessons due to these events. If your child is ill or must miss a lesson or two throughout the lesson series, the lessons must be paid for and are not prorated.

____ 13. **Restroom-** Please keep in mind that facility is located at my home. With that in mind, please maintain access only to the pool area. Please limit bathroom use to **emergencies** only out of respect for the privacy of my family. PLEASE DO NOT ALLOW CHILDREN TO ENTER MY HOME UNATTENDED.

____ 14. **Parking-** If you must park on the side of the road, please pull straight into the yard so that we may fit as many cars as possible. Please take care NOT TO PARK ON THE NEIGHBOR'S GRASS. Your cooperation is greatly appreciated.

____ 15. **Questions-** If for any reason you have a concern or a problem, your instructor will be happy to discuss your needs by phone at the end of the day. **Parents and their children in lessons will be the first priority when returning calls.** Your instructor will be happy to discuss your child's progress with you. In consideration of other parents who are scheduled after you, please try to help your instructor remain on schedule. Thank you for your help in this matter.

____ 16. **Survey-** You will receive two surveys throughout the course of your lessons. Week 2 survey will cover safety protocols. Week 5 survey will cover the overall ISR experience. Your feedback is greatly appreciated. As always, if you have any questions or concerns, please discuss them with your instructor first. We are dedicated to making your experience the best it can be.

I understand that while my child is in the water with Julia Daum during swimming lessons, Julia Daum shall be responsible for said. Therefore, all times that my child or any other child with me is not in the water, I or my designated agent shall be totally responsible for their safety and well being. I completely and totally release Julia and/or John Daum, ISR and any ISR representative from any potential liability for any possible personal property damage and/or personal injuries suffered: by any child I or my designated agent brings to the residence, by myself or by my designated agent, while on the premises of Julia Daum and/or John Daum.

I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTAND THESE RULES AND I ACCEPT AND AGREE TO FOLLOW THEM. I ALSO ACKNOWLEDGE THAT THIS IS A BINDING CONTRACT THAT WILL BE VALID FOR THE ENTIRE DURATION OF LESSONS FOR AS MANY YEARS AS MY CHILD IS IN LESSONS.